



Name ..... First Name ..... Date .....

Date of birth .....



**I am today as happy as before:**

- exactly like that
- not quite so much
- only a little bit more
- hardly or not at all

**I can laugh and see the funny side of things:**

- yes, as much as always
- not so much anymore
- meanwhile much less
- not at all

**I feel happy:**

- mostly
- sometimes
- rare
- not at all

**I feel myself slowed down in my activities:**

- mostly
- sometimes
- rare
- not at all

**look with joy into the future:**

- yes, very
- rather less than before
- much less than before
- hardly not at all

**I can enjoy a good book, a radio or television program:**

- yes, often
- sometimes
- rather rare
- very rare

**I have lost interest in my outward appearance:**

- I'll take care of it as usual
- maybe I care too little about it
- I do not care as much as I wanted
- yes, that's right

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